

Patient Information for Laser Hair Removal for Eternal Impression, LLC.

For best results, please follow these instructions.

Before **ALL** treatments:

1. Use sunscreen daily since sunburned skin cannot be treated.
2. Avoid any skin irritants, such as Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least 2 days.
3. No lotion or moisturizer on area(s) to be treated. No deodorant/antiperspirant for underarm treatment.
4. Do not wear any makeup prior to treatment of the face.
5. **It is critically important in hair removal that you present with a small 2-3 mm stub of hair exposed for each treatment, which generally requires that you shave about 3-4 days prior to treatment, AND that you do not pluck or wax for at least 2 weeks prior to treatment. This is important for three reasons:**
 - Setting of proper laser levels requires the hair visibly singe
 - The presence of the stubs ensures that the targeted hairs have a shaft in place beneath the skin, to absorb sufficient laser energy.
 - Seeing the stubs helps target each follicle and ensure that none are missed.

After treatment:

1. Continue using sunscreen for the entire treatment period. Avoid exposure to the sun 1-2 weeks after treatment.
2. Until initial skin irritation subsides, avoid hot water and any skin irritants, including chlorinated water. Advil or Motrin can also be helpful if you have discomfort.
3. Avoid any skin irritants, such as Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least 2 days.
4. The laser destroys only hair roots that are in the active growth phase. For best results, this procedure must be repeated in 3 to 4 weeks. The number of treatments needed depends upon the amount and characteristics of the hair and will be recommended by the Doctors.
5. Some hairs are expelled during treatment, and others will release from the body in 1 to 2 weeks.

Please call our office at 614-801-0079 if you have any scheduling questions. Please email Dr. Nanda at eternalimpressionsaesthetics@hotmail.com with treatment questions.